

EXECUTIVE SKILL	POSITIVE EXAMPLE	NEGATIVE EXAMPLE
RESPONSE INHIBITION	_____	_____
WORKING MEMORY	_____	_____
EMOTIONAL CONTROL	_____	_____
FLEXIBILITY	_____	_____
SUSTAINED ATTENTION	_____	_____
TASK INITIATION	_____	_____
PLANNING/PRIORITIZING	_____	_____
ORGANIZATION	_____	_____
TIME MANAGEMENT	_____	_____
GOAL-DIRECTED PERSISTENCE	_____	_____
METACOGNITION	_____	_____

## EXECUTIVE SKILLS BEHAVIORAL DESCRIPTORS

1. Brings gym clothes on days student has gym class.
2. Homework and worksheets may be placed in any number of notebooks, books, or folders.
3. Sharpens pencil, chats with classmates or takes long bathroom breaks before getting down to work on in-class math assignment.
4. Able to do classroom presentations despite fear of public speaking.
5. Wants to make the 1<sup>st</sup> string soccer team but can't bring himself to practice ball handling skills.
6. Figures out the steps to follow to get a summer job.
7. Decides to improve math grade and increases study time for tests and quizzes.
8. Out of seat frequently during independent work time.
9. Takes notes in lecture classes and asks relevant questions.
10. Builds in extra time to complete a given task knowing there could be an interruption.
11. Struggles with creative writing assignment because can't think of anything to write about.
12. Does work carefully and checks answers before handing in test/assignment.
13. Writes down homework but doesn't think to check assignment book when gets home.
14. Chronically late for school.
15. Finishes an entire homework assignment before taking a break.
16. Shuts down when criticized by teacher
17. Student places documents in appropriately labeled folders on her computer.
18. Frequently makes faulty assumptions about assignment directions and doesn't check with teacher before starting the assignment.
19. Friend bails on afterschool activity; student adjusts with back-up plan.
20. Says rude or hurtful things to kids.
21. Starts homework without prompting from adult.
22. Given 4 homework assignments on a given night, can't figure out what to do first.