

Course Outline

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- > Three-part (12 hrs) webinar series on reading, writing, & math disabilities sponsored by Jack Hirose & Associates.
- Introduce a brain-based educational model of dyslexia, dysgraphia, and dyscalculia and classify each disability into distinct subtypes.
- > Discuss targeted interventions for all students with academic learning issues.
- > Discuss evidenced-based vs. research-based interventions for all students with academic learning issues.
- ➤ Introduce the concept of diagnostic achievement tests versus traditional achievement tests.
- > Questions and Comments: feifer@comcast.net

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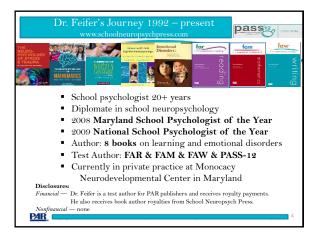


Presentation Goals

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- Discuss the neural architecture of language development in children and learn key brain processes responsible for the <u>organization</u> and <u>production</u> of written language.
- 2. Define "dysgraphia" and introduce a *brain-based* educational model of diagnosing written language disorders by classifying them into https://do
- 3. Differentiate between evidenced-based and research-based interventions and strategies pertaining to written language.
- 4. Introduce the <u>FAW</u> as a comprehensive diagnostic achievement measure to better diagnose and remediate written language disorders in children.

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Canadian Survey on Disabilities (Stats Canada, 2017

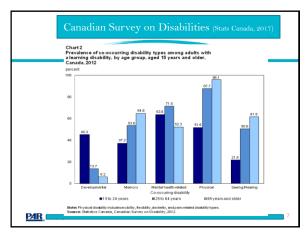
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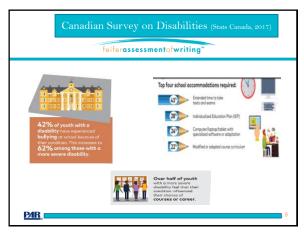
- ➤ Among adults aged 15 to 64, those with a learning disability were less likely to have completed high school than adults without any disability (33.0% versus 13.1%).
- Canadians with LD are up to three times more likely to report high levels of stress, depression, anxiety, suicidal thoughts and visits to a mental health professional, and also report poorer physical health.
- ➤ The employment rate of working-age adults, aged 15 to 64, with a learning disability is <u>28.8%</u>, less than half the rate for those without any disability <u>(73.6%)</u>.
- > 1 in 4 inmates in Canadian prisons have LD.

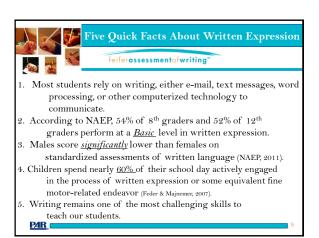
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Types of Writing Genres

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- <u>Persuasive</u> change the reader's point of view in order to affect the reader's action.
- <u>Expository</u>- explaining objective information to enhance the reader's overall understanding.
- <u>Experiential</u> to describe a personal experience or narrative to others.
- <u>Prosaic</u> to convey a particular sentiment or emotion from a personal experience. Often written in a metaphoric style inclusive of poem, lyric, or sonnet.
- <u>Analytical</u> heavily structured style of writing where scientific scrutiny involved.

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What is Dysgraphia?

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<u>Dysgraphia</u> is a broad-based term that refers to a specific learning disability in written expression. The term can include problems with letter formation, legibility, letter spacing, spelling, fine motor coordination, rate of writing, grammar and overall sentence production (Chang et al., 2020).

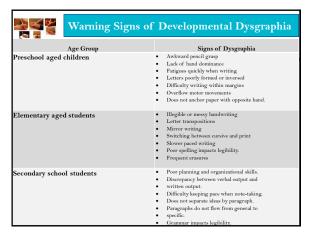
<u>Developmental Dysgraphia</u> refers to difficulty acquiring writing skills despite adequate learning opportunities and cognitive skills.

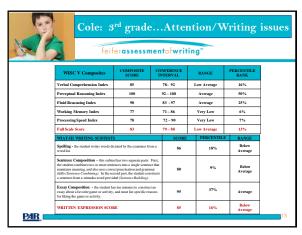
 Younger children tend to have deficits with the motoric aspects of the written stroke, whereas older children struggle with more cognitive-linguistic elements of writing (Biotteau et al., 2019).

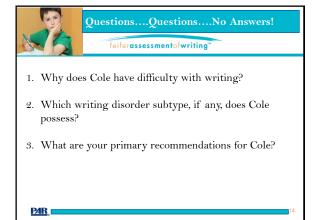
 $\underline{\textbf{Acquired Dysgraphia}} \text{ refers to a learned skill (writing) being disrupted by a specific injury or degenerative condition.}$

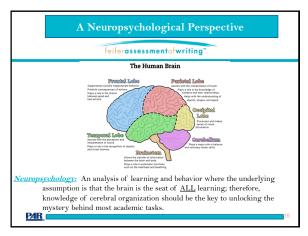
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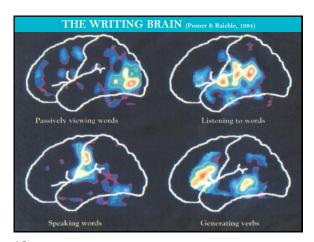
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Cognitive Constructs and Written Language Feiferassessmentofwriting Attention: (Selective & Sustained) Poor planning Uneven tempo Firatic legibility Inconsistent spelling Poor self monitoring Impersistence BRAIN REGION - Anterior Cingulate Gyrus Feffort control and top-down attention



Cognitive Constructs and Written Language Felferassessmentofwriting Sequential Production Poor connected writing Letter reversals Organizational deficits Lack of cohesive ties Deficits in working memory, especially with ADHD kids, leads to sequential dysfunction. BRAIN REGION - Left Prefrontal Cortex

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Cognitive Constructs and Written Language Feiferassessmentowriting Language Poor vocabulary Lack of cohesive ties Poor grammar Simplistic sentence structure Left hemisphere stores language by converging words into semantic baskets, right hemisphere excels in more divergent linguistic skills (simile and metaphor). Writing genre impacts retrieval! BRAIN REGION - Temporal Lobes

Divergent Retrieval and Writing

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"Subdivisions" (1982) written by Neil Peart and was used to express the loneliness of growing up in a bland suburb and being forced to conform to an unwanted norm:

"Growing up it all seems so one-sided

Opinions all provided

The future pre-decided

Detached and subdivided

In the mass production zone

Nowhere is the dreamer or the misfit so alone"

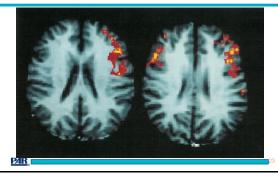
Ries and colleagues (2016) noted right frontal activity has been shown to increase
when word selection difficulty is increased or more abstract, and greater cognitive
flexibility is required.

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Gender Differences in Phonological Processing

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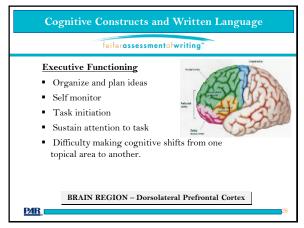
Gender Differences: What the research says.... Krafnick, A.J. & Evans, T. M. (2019). Neurobiological Sex Differences in Developmental Dyslexia.

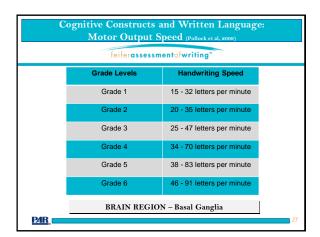
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- A language-based learning disability impacts 5-13% of the population due to poor decoding & spelling skills.
- Language-based learning disabilities have higher ratios for boys than girls.
- Lower levels of testosterone (measured in utero) correlate with less gray matter in language (temporalparietal) regions for males.
- Conclusion: Deficits with testosterone impacts reading brain for males. Deficits with estrogen does not necessarily impact reading brain for females, but has been linked to deficits in sensorimotor areas.

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Cognitive Constructs and Written Language Felferassessmentofwriting Intelligence Concrete ideation Poor development of ideas Poor audience awareness Weak opinion development Simplistic sentence structure BRAIN REGION – Inferior Parietal Lobes





3 Subtypes of Written Language Disorders:

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(1) <u>Graphomotor Dysgraphia</u> - apraxia refers to a wide variety of motor skill deficits in which the voluntary execution of a skilled motor movement is impaired.

- a) <u>Premotor cortex</u> plans the execution of a motor response.
- Supplementary motor area guides motor movement.
- c) <u>Cerebellum</u> provides proprioceptive feedback.
- d) <u>Basal Ganglia</u> procedural memory and automaticity of handwriting.





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The Role of the Cerebellum in Writing

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- The cerebellum contains 50% of the neurons in the brain.
- Guides and corrects motor movements based upon proprioceptive feedback.
- Made up of purkinje cells and granule cells which are primarily <u>excitatory</u>, and help fine tune the writing process
- Over time, the physical act of sequencing subtle motor movements becomes less effortful and more reflexive.
- Deficits mainly lead to motor coordination issues...ataxia...("3971" ATM Code spatial/sequential)

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DISORDER	DESCRIPTION	BRAIN REGIONS		
Developmental Coordination Disorder	Inability to properly develop the coordinated movements necessary to executive a particular motor response.	Premotor Cortex Supplementary Motor Corte Motor Strip Basal Ganglia Cerebellum		
Developmental Dyspraxia	Refers to a wide range of skills involved more in the planning and execution of a voluntary motor movement.	Premotor Cortex Supplementary Motor Corte Motor Strip		
Ataxia	A coordination disorder involving trouble regulating the force, range, direction, velocity and rhythm of muscle contractions due to specific dysfunction of the cerebellum.	Cerebellum		
Ideomotor Dyspraxia	A failure to voluntarily carry out a motor act or gesture on command, though the self-same motor act can be effectively executed if done so in a spontaneous manner.	Exner's Area Supplementary Motor Area		
Ideational Dyspraxia	Isolated motor skills are in tact, but difficulty arises when stitching together large chains or sequences of movements involving complex motor planning.	Left Superior Parietal Lobe		
Constructional Dyspraxia	A breakdown in the visual-spatial synthesis of written production or what is often referred to as visual-motor integration.	Right Posterior Parietal Lob		

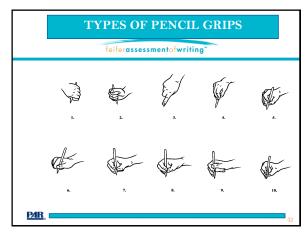
KEY OBSERVATIONS

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- 1. Does the student have enough space on their desk?
- 2. Are both feet on the floor?
- 3. Does the student complain their hand is tired?
- 4. Does the student use excessive force?
- 5. Does the student use an immature grip?
- 6. Does the student constantly rub their eyes when writing or put their head down on the desk?
- 7. Does the student appear distracted?
- 8. Does the student use their opposite hand to anchor the page?

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3 Subtypes of Written Language Disorders

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(2) Dyslexic Dysgraphias: (Spelling Miscues)

- a) Dysphonetic dysgraphia the hallmark feature of this disorder is an inability to spell by sound due to poor phonological skills. There is often an over-reliance on the visual features of words when spelling (i.e "sommr" for "summer")
- b) Surface dysgraphia a breakdown in the orthographic representation of words. Miscues made primarily on phonologically irregular words (i.e. "laf" for "laugh"; "juse" for "juice"; "mite" for "mighty").
- c) Mixed Dysgraphia characterized by a combination of both phonological errors and orthographical errors depicting faulty arrangement of letters and words (i.e "ceshinte" for "kitchen")

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Key Spelling Strategies

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- 1. Incorporate nonsense words into weekly spelling instruction to make sure students can represent each sound with a letter.
- 2. Use tile spelling markers to color-code vowel digraphs in words by families (i.e. Sauce, Pause, cause, etc...)
- 3. Place a heavy focus on prefixes and suffixes during instruction.
- 4. Have students write each word with white space in between each syllable in the word using the box approach. (i.e. fascinate)







5. Show multiple spellings of a word and have the student select the correct choice (i.e wuz, was, whas).

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3 Subtypes of Written Language Disorders

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- (3) Executive Dysgraphia an inability to master the implicit rules for grammar which dictate how words and phrases can be combined. Deficits in working memory and executive functioning in frontal lobes hinders output.
 - Word omissions
 - · Word ordering errors
 - Incorrect verb usage
 - Word ending errors
 - Poor punctuation
 - · Lack of capitalization
 - Oral vs. written language discrepancy

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Features of Executive Dysgraphia

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- a) $\underline{\text{Verbal Retrieval Skills}}$ the frontal lobes are critical in retrieving words stored throughout the cortex, often stored by semantic categories.
- b) Working Memory Skills helps to recall spelling rules and boundaries, grammar rules, punctuation, and maintaining information in mind long enough for motoric output.
- c) Organization & Planning syntactical arrangement of thought needed to sequence mental representations.

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Verbal Retrieval and Writing

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Transition Words

First, Second, third to begin, then, consequently
first, also, besides as soonas, neet, later
one, dnother, last
one cyample, another example, a Pidel crample

Genelusion initially, then, after that a good, a better, the best Although
However
Instead of
Additionally
In contrast
Similarly
White · meanwhile · A number of · Because · As if · As soon as · In conclusion · moreover Hnally Most imp ·In order

Likewise

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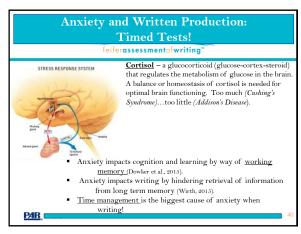
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Working Memory and Writing & Spelling

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- <u>Phonological Loop</u> holds and manipulates acoustic information.
 Housed in *left temporal lobes* and plays a role in <u>holding and</u> manipulating words through verbal rehearsal, and hearing the temporal order of sounds when spelling.
- <u>Visual-Spatial Sketchpad</u> holds visual, spatial, and kinesthetic information in temporary storage by way of mental imagery. Housed along inferior portions of right parietal lobes and plays role in visualizing word forms when spelling.
- Episodic Buffer a temporary storage system integrating both phonological and visual-spatial information. Modulated by temporoparietal regions and left hippocampus.
- <u>Central Executive System</u> coordinates working memory systems and allocates attention resources. Impacted by $\underline{\text{anxiety}}$ and emotional distress!!!

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Executive Function	ing and Written Language				
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Classification	Writing Dysfunction				
(1) Initiating	* Poor idea generation * Poor independence				
(2) Sustaining	* Lose track of thoughts * Difficulty finishing * Sentences disjointed				
(3) Inhibiting	* Impulsive/Distractible				
(4) Shifting	* Perseverations * "Stuck" on topic				
PAR .	41				

Writing Dysfunction * Frequent erasers
* Forget main idea
* Disjointed content
* Poor flow of ideas
* Lack of cohesive ties
*Limited word choice
* Simplistic sentences
* Careless miscues



Evidenced Based vs Research Based

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- Evidence-Based Practices refers to individual practices that
 are considered effective based on scientific evidence. To deem
 a program or practice "evidence-based," researchers will
 typically study its impact in a controlled research setting,
 examining the validity, reliability and fairness of the program
- Research Based or Evidenced Informed Practices are practices which were developed based on the best research available in the field, which is often anecdotal. Unlike "Evidence-Based Practices", these practices have not been researched in a controlled setting

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EBP VS Pseudoscience

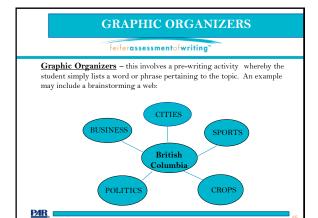
Lee & Hunsley, 2015

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- 1. Avoidance of peer review.
- 2. Emphasis on confirmation rather than refutation.
- 3. Lack of connection with basic or applied research.
- 4. Overreliance on anecdotal evidence.
- Reversed burden of proof in which proponents of an intervention demand that critics refute claims of treatment efficacy.
- Written language remains the most difficult academic subject to quantify, leaving educators with a relative void of evidence based research.

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Self Monitoring Strategies

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COPS strategy – a directional proof-reading strategy where the student re-reads a passage four times prior to completion.

- 1) <u>Capitalize</u> the first word of each sentence.
- Organize the information by reviewing topic sentences and double check paragraph breaks.
- 3) Punctuation miscues must be reviewed.
- 4) Spelling miscues must be reviewed.

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Self Monitoring Writing Rubric

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IDEAS

- $4\,$ The topic and details are well developed.
- $\,3\,$ The topic is clear but more details are needed.
- $\,2\,$ Details that don't fit the topic confuse the reader.
- 1 The topic is not clear.

ORGANIZATION

- 4 The beginning, middle, and ending work well.
- 3 Some parts of the essay are unclear.
- 2 All parts of the essay run together.
- 1 The order of information is confusing.

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Self Monitoring Writing Rubric

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WORD CHOICE

- 4 Words make the meaning clear.
- 3 Clearer words are needed.
- 2 Some words are overused.
- Words are used incorrectly.

CONVENTIONS

- 4 Conventions are used well.
- 3 There are few errors.
- 2 Errors make the essay hard to understand.
- 1 Help is needed to make corrections

AUDIENCE AWARENESS

- ${\small 4}\>\>\> \label{the passage is clear and understandable for the intended audience.}$
- 3 The reader may need background knowledge to fully comprehend.
- $2\,$ $\,$ There are some parts of the passage that are difficult to understand.
- 1 The passage is extremely confusing for the intended audience.

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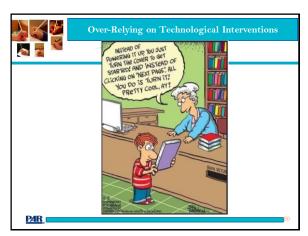
Strategies for Secondary Students

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- <u>Inspirations</u> teaches how to craft concept maps, idea maps, and other visi webbing techniques to assist in planning, organizing, and outlining. Very effective word predictive software.
- > Kurzweil Technology adaptive technology to further practice grammar, spelling, and punctuation. Voice activated software also an option.
- > Journal or Diary can be a fun and effortless way to practice writing on a daily basis.
- > <u>Keyboarding</u> speed up output to reduce pressure from working memory skills to retain information over longer periods of time.
- $\blacktriangleright \ \underline{\textbf{Livescribe}}$ a "smart" pen which would both record lecture information in the class, as well as transcribe notes to a computer screen. Smart pens allow students to better organize their notes.

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10 Research Based Strategies (Graham & Perin, 200

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- (1) Writing Strategies (effect size .82)
- (2) Summarization (effect size .82)
- (3) Collaborative Writing (effect size .75)
- (4) Specific Product Goals (effect size .70)
- (5) Word Processing (effect size .55)
- (6) Sentence Combining (effect size .50)
- (7) Prewriting (effect size .32)
- (8) Inquiry activities (effect size .32)
- (9) Process Writing Approach (effect size .32)
- (10) Study of Models (effect size .25)

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5 Steps for Executive Dysgraphia (Ray, 2001)

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- (1) Prewriting use graphic organizers.
- (2) <u>Drafting</u> use model to take notes and model how to organize in a text form using topic sentences.
- (3) Revising second draft emphasizing content, and elaboration of ideas and making connections.
- $\begin{tabular}{ll} (4) & \underline{Editing}-re\mbox{-re-read for capitalization and punctuation errors.} \end{tabular}$
- (5) <u>Publishing</u> peer assisted strategies and teaching students to give and receive feedback base upon a writing rubric.



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EmPOWER & SRSD

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EmPOWER – developed by Dr. Bonnie Singer through Architects for Learning. Can use in any class in any grade. Six steps include: Evaluate –break down the task to determine what I have to do. Plan – identify my purpose for writing and select strategies. Organize – show my thinking and organize my ideas. Work – work my ideas into a well structured text.

Evaluate – assess my work.

Re-Work – make necessary changes.

SRSD – Self-Regulated Strategy Development. Research based to improve planning, editing and written product (De la Paz, 2007; De la Paz & Graham, 2002; Englert, 2009; Graham, 2006; Graham & Perin, 2007; Perin, 2007)

 5 steps include: Discuss It, Model It, Make It Your Own, Support It, Independent Performance.

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Comprehensive Dysgraphia Evaluation

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- 1. Intelligence Measures (Gc): WISC5, SB5, CAS2, RIAS2, KABCII, WJIV, DASII...
- 2. Visual-Motor Integration (G?): VMI, WRAVMA, WIAT IV, PAL II, NEPSYII.
- 3. *Attention* (Gs): NEPSYII, Tea-CH2, CAS2, WJIV, Conners Scale, BASC3, TOVA....
- 4. *Working Memory* (Gsm): WISC5, KABCII, WRAML2, SB5, ChAMP, WJIV...
- 5. *Executive Functions* (Gf): BRIEF2, CEFI, MEFS, WCST, WIATIV Sent Comp...
- 6. Writing and Spelling Skills: WJIV, KTEAIII, WIATIV, OWLS II, TOWL4, AAB...
- 7. $\underline{Phonological\ Awareness\ Skills:} \ (Ga): \ {\tt CTOPP2}, \ {\tt FAR}, \ {\tt KTEAIII}, \ {\tt WJIV}, \ {\tt TAPS4}.$
- 8.*Retrieval Fluency Skills (Glr): DKEFS, NEPSYII, FAR, WJIV, KTEAIII,CIFA...
- 9. Social Emotional Measures (G?): RCMAS2, MASC2, BASC3, PAI-A, CDI2..

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Comprehensive Dysgraphia Evaluation

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Graphomotor Dysgraphia:

- - Visual-motor integration deficits
 - ▶ Slower motor speed
 - Sloppy penmanship

2. <u>Dyslexic Dysgraphia:</u>

- Major spelling deficits
- ▶ Poor phonological processing
- Poor variety of words displayed
- 3. Executive Dysgraphia:
 - ▶ Poor executive functioning skills
 - ▶ Limited attention
 - ▶ Slower retrieval fluency skills
 - Limited working memory skills
 - Limited output....careless miscues..grammar errors. simplistic sentence structures

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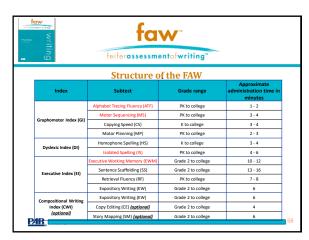


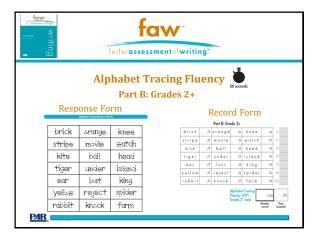


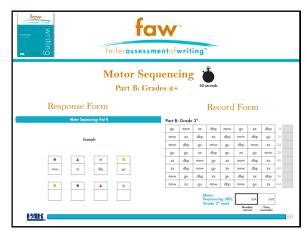
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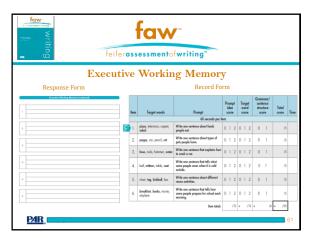
- A neurodevelopmental assessment of written language disorders.
- Pre-K to College (Ages 4-21)
- 12 subtests in complete battery/10 subtests core
- Diagnoses <u>3 subtypes</u> of writing disorders:
 - 1) Graphomotor Dysgraphia
 - 2) Dyslexic-Dysgraphia
 - 3) Executive Dysgraphia
- Includes the FAW-S dysgraphia screening battery
- Yields a Compositional Writing Index (CWI)

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WISC V Composites	COMPOSITE SCORE		NFIDENCE (TERVAL		RANGE	PERCENTILI RANK
Verbal Comprehension Index	85	78- 92		1	.ow Average	16%
Perceptual Reasoning Index	100	92 - 108		Average		50%
Fluid Reasoning Index	90	83 - 97			Average	25%
Working Memory Index	77	71 – 86			Very Low	6%
Processing Speed Index	78	72 – 90			Very Low	7%
Full Scale Score	83	79 – 88		1	.ow Average	13%
WIAT-HI WRITING SUBTEST	s		SCORE		PERCENTILE	RANGE
Spelling - the student writes words dictated by the examiner from a word list.		86		18%	Below Average	
Sentence Composition — this subtest has two separate parts. First, the student combines two or more sentences into a single sentence that maintains meaning, and also uses correct punctuation and grammar skills (Sentence Combining). In the Second part, the student constructs a sentence from a stimulas word provided (Sentence Building).			80		9%	Below Average
Essay Composition - the student has ten minutes to construct an essay about a favorite game or activity, and must list specific reasons for liking the game or activity.			95		37%	Average
WRITTEN EXPRESSION SCO.	RE		85		16%	Below Average





Cole: 3rd grade...Attention/Writing issues

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- <u>Graphic Organizers:</u> a pre-writing activity where Cole lists words and phrases pertaining to a topic that has been organized.
- KLS Charts: a pre-writing activity for fact finding assignments where Coles divides his paper into three columns to determine "What I know"; "What I want to learn"; and "Possible sources."
- Keyboarding: use on longer assignments to address working memory limitations by speeding up output.
- EmPOWER: an executive dysgraphia intervention developed by Dr. Bonnie Singer. Students talk themselves through 6 key steps of the writing process (Evaluate, Make a Plan, Organize, Work, Evaluate, Re-work).

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faw

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- A diagnostic achievement test in written language based upon a neurodevelopmental model of brain functioning.
- Explains WHY a student is having writing difficulty, by examining 3 subtypes of written language disorders.
- Can diagnose, screen, or use for progress monitoring.
- Ecologically valid because neurocognitive processes are built into the test.
- Directly informs intervention decision making using the PAR I-Connect interpretive report writer.
- Puts the "I" back in IEP's!!!

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