**Core Values**

**Your core values represent the principles you believe in; the standards you set for yourself; the morals you live by; and how you want to be remembered by the people you love. In order for core values to go beyond a simple ideal you must act them out daily, i.e. use them as behavioral guidelines.**

**Think of a person from the past or present you greatly admire. List the characteristics you respect most:**

**List characteristics you admire in others:**

**List your best positive traits:**

**List what you do to make others happy:**

**How you want those you love to remember you when you are gone?**

***Using the answers above, and adding any characteristics that you value, list your core values. These are the traits that describe your behavior when you are at your best.***