


TELEHEALTH TIPS FOR WORKING WITH CHILDREN AND ADOLESCENTS

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LETS START AT THE VERY BEGINNING


- TELEHEALTH IS NOT NEW
- GREECE AND ROME (MESSENGERS)

LETS START AT THE VERY BEGINNING



NEW INVENTIONS: SAME CONCEPT

- GET INFORMATION
- GIVE A REMEDY



NEW INVENTIONS: SAME CONCEPT

- SMOKE SIGNALS
- DRUMS
- HORNS

TECHNOLOGY BECAME BETTER



RESIDENTS ON CALL AT HOME



NEW TECHNOLOGY: SAME PURPOSE



TECHNOLOGY IMPROVES
SO DOES
INFORMATION



SAME "OLD" CONCEPT: NEW TECHNOLOGY

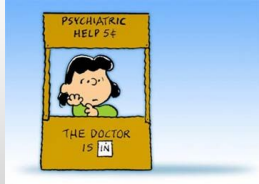


PLATFORMS



BEING A GREAT THERAPIST THE RECIPE

- 60 % CONNECTION TO CLIENT
- 30 % WHAT I LEARNED IN SCHOOL
- 10 % LUCKY DAY

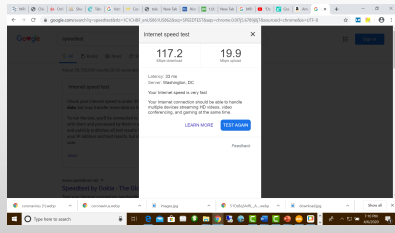


TO FACILITATE GOOD TECHNOLOGY

- GOOD CELL SIGNAL
- GOOD MICROPHONE AND CAMERA
- GOOD INTERNET
 - NEAR ROUTER
 - WIRELESS IS SLOWER
 - PLUGGED INTO ROUTER

SPEED TEST

UP AND DOWN



TECHNOLOGY HELP

- ON YOUR END
 - BACKGROUND (i.e. PHOTOS)
 - NOISE
 - SECURE DEVICE (LOCKING)
 - ALTERNATIVE NUMBER (GOOGLE)
 - PROFESSIONAL EMAIL (IAMAQUACK@GMAIL.COM)

THEIR SIDE

- QUIET PLACE
- PRIVATE AS POSSIBLE
- GOOD TECHNOLOGY
- GOOD CONNECTION
- WHEN TO MUTE

DO THEY HAVE CAPACITY

- TECHNOLOGY
- KNOWLEDGE OF TECHNOLOGY
- FOCUS
- PURPOSE
- LANGUAGE
- NEED A PARENT
- DO NOT WANT A PARENT

WHAT RULES DO YOU HAVE SET

- GOALS
- RELATIONSHIP BUILDING
- PRIVACY?
- WHAT THEY WILL/WON'T DISCUSS

TYPES OF VISITS

- INDIVIDUAL
- FAMILY
- GROUP

OBSERVE FOR....

- HOW THEY ARE DRESSED
- HYGIENE
- SURROUNDINGS
- ABILITY TO FOCUS
- WHAT IS ON WALLS

FIRST VISIT

- EMAIL REMINDER (TO WHOM)
- INCLUDE LINK/TIME/ETC.
- ACCEPT THEY MAY BE BETTER THAN YOU (POOP EMOJI)
- GET USED TO IT
- SHOW AND TELL
- LET THEM TEACH YOU?

PRINCIPLES AND STYLE

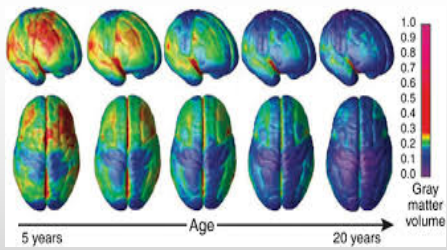
- REMAIN THE SAME
- UPDATE (PARENT AND CHILD)
- WHAT DO THEY WISH TO DISCUSS
- SESSION (MAY BE CLIENT ONLY)

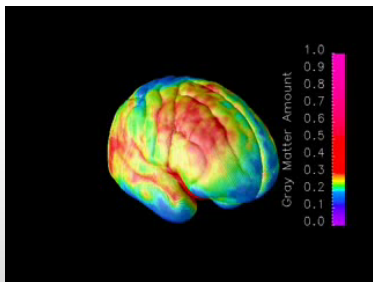
PRINCIPLES AND STYLE

- ASK HOW IS IT GOING
- RECAP CONCEPTS (WITH PARENT ?)
- HOMEWORK
- SEND FOLLOW UP EMAIL?
- TAKE YOUR NOTE


TIPS

- SHOW YOUR SCREEN
- CAREFUL WHAT IS OPEN
- PREPARE IN ADVANCE
 - PHOTO/VIDEO






PARENTING VIDEO



COMMON ISSUES FACED



MEANT FOR DISCUSSION

WHAT DO THEY WANT?

VIRAL TIPS FOR SCHOOL WORK

- SCHEDULE
- FOLLOW CLASSES
- BREAKS
- HOW TO GET HELP
- GROUPS

HELPING THEM LEARN

- SET A SCHEDULE
- EXECUTIVE FUNCTION
- LOWER FUNCTIONING
- STRUCTURE DAY
- WHERE THEY WORK AT
- MEDICATIONS

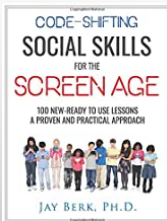
HELPFUL THOUGHTS AND QUESTIONS

- WAS THIS HELPFUL
- WHAT COULD IMPROVE OUR SESSIONS
- ¾ WAY CHECK
- SET NEXT SESSION
- SET AGENDA

DO NOT BE JUDGEMENTAL

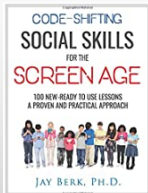


GROUPS



GROUPS

- WHAT IS CODE-SHIFTING?

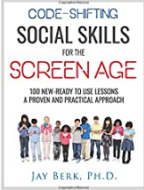


CODE-SHIFTING



GROUPS

- MEET MORE NEEDS
- THEY WILL LISTEN TO PEERS
- SHARE IDEAS
- SOCIAL SKILLS NEEDS PEERS




SPECIAL ISSUES

- LESS CONFIDENTIAL
- CHECK ON RELEASES
- NO TAPING
- QUIET IN BACK GROUND
- ELIMINATE DISTRACTIONS

PARTS

- GOALS
- GOOD NEWS/SHOW ITEM
- IDEAS ON GOALS
- LESSON
- PERSON OF THE DAY
- TRIVIA

HAVE THEM COME UP WITH THEMES



VIRAL IDEAS

- HOW DO YOU FEEL?
- WAYS TO MANAGE FEELINGS
- WAYS TO BE SAFE
- DRAWINGS
- MAKE A VIDEO

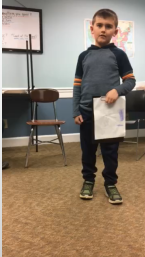
VIRAL SUPPORT TO OTHERS

- EDUCATORS
 - HOW ARE THEY
 - TECHNOLOGY
- FAMILIES
 - IDEAS FOR THE SYSTEM
- POVERTY AREAS
 - BASIC NEEDS

WHAT ARE THE NEEDS OF

- YOUR COLLEAGUES
- ADMINISTRATORS
- TEACHERS
- FAMILIES

GO FUND ME




DIFFICULTIES

- TECHNOLOGY
- CANNOT CONNECT
- COORDINATION

ETHICAL CHALLENGES

- HUMM...WHAT IS THAT?

BUILD A CONNECTION



SPORTS PSYCHOLOGIST

"I'm sick and tired of being kicked around all the time."

KEEP A CONNECTION



QUESTIONS

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