



#mindgarden

Resources

for teachers, parents and
clinicians

Lynne Kenney, PsyD & Wendy Young, LMSW, BCD

A teal sun graphic in the top left corner, consisting of a semi-circle and several short, radiating lines.

Helpful Cognition, Learning, Health & Behavior Resources

In our cognition + learning + behavior workshops we discuss many helpful resources, researchers and educators. My friends and I have been sharing some of these useful resources with one another for years. We call it our "mindgarden", the place we learn and grow. Here is one of the handouts from our current workshops. We share it with you as a jumping-off point for your own exploration. Dive in, learn and enjoy!

With gratitude to Ellen Dodge, Janine Halloran,
Sue Atkins & Sally Kuzemchak
for their meaningful contributions



early childhood

Sue Atkins sueatkinsparentingcoach.com

Deb Chitwood www.livingmontessorinow.com

Gill Connell www.movingsmart.co.nz

Holly Homer www.kidsactivitiesblog.com

Deborah McNelis, M.Ed www.braininsightsonline.com

Beth Onufrak www.drbethkids.com

Janine Halloran www.copingskillsforkids.com

NAEYC www.naeyc.org

Early Childhood Australia

www.earlychildhoodaustralia.org.au

Neurological Health Foundation

www.neurologicalhealth.org

Vivien Sabel www.viviensabel.com

Zerotothree www.zerotothree.org

Laura Henry www.laurahenryconsultancy.com

Kate Silverton www.katesilverton.com

education

Rebecca Comizio www.facebook.com/SchoolPsychedPodcast/

Megan Hunter www.unhookedmedia.com

Let's Play Music www.letsplaymusicsite.com

Mindful Family: Meditation App Jannik Holgersen

apps.apple.com/app/id1124028741

Jamie Reimer www.handsonaswegrow.com

National Association for School

Psychologists www.nasponline.org

Society for Health & Physical Educators www.shapeamerica.org

SparkPE www.sparkpe.org

Gopher Sport www.gophersport.com

American School Counselor Association

www.schoolcounselor.org

Khan Academy www.khanacademy.org

Edutopia www.edutopia.com

Understood www.understood.org/en

Additudemag www.additudemag.com

Kim Palmiotto www.drpalmiotto.com

Stacey Shoecraft Kinesthetic Classroom

Mindfulness First www.mindfulnessfirst.org

Lorraine Allman [www. enterprisingchild.co.uk](http://www.enterprisingchild.co.uk)

candochild.com

Mind-Up mindup.org



neuroscience in education

Mike Kuczala www.mikekuczala.com

Meludia www.meludia.com/en

Ali Golding www.movementworks.org

John Ratey www.johnratey.com

Timothy Kieran O'Mahony & Missy Widmann

www.neuraleducation.com

Fernette & Brock Eide www.dyslexicadvantage.org

Bruce Wexler – ACTIVATE www.C8sciences.com

Eric Jensen www.jensenlearning.com

David Nowell www.drnowell.com

Alex Doman www.advancedbrain.com

Understood www.understood.org

Sheila Allen www.pediatrictherapeutics.org

Donna Volpitta www.pathwaystoempower.com

Nacho Arimany www.nachoarimany.com

Lynne Kenney www.lynnekenney.com

Howard Eaton www.eatonarrowsmith.com

J.P. Das www.dascentre.educ.ualberta.ca

Ann Alexander www.wellingtonalexandercenter.com

Donna Wilson www.brainsmart.org

neurobiology & health in education

American Academy of Pediatrics www.aap.org

Canadian Academy for Paediatrics

www.caringforkids.cps.ca/resources/resources_and_links

Society for Developmental & Behavioral Pediatrics www.sdbp.org

Royal College of Psychiatrists www.rcpsych.ac.uk

American Speech-Language Hearing Association www.asha.org

American Occupational Therapy Association www.aota.org

American Physical Therapy Association www.apta.org

Kids Health New Zealand www.kidshealth.org.nz

Autism Speaks www.autismspeaks.org/resource-guide

AACAP

www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/Autism_Resource_Center/Home.aspx

NAMI www.nami.org

International OCD Association iocdf.org/families

PANDAS Network www.pandasnetwork.org

Tourette Association www.tourette.org

Anxiety & Depression Association www.adaa.org

American Foundation for Suicide Prevention www.afsp.org

tweens and teens

Annie Fox www.anniefox.com

Emily-Anne Rigal www.emilyannerigal.com

Jeanne Demers www.jeannedemers.com

Sue Scheff www.suescheff.com

Barbara Greenberg

www.drbarbaragreenberg.com

Amy Jussel www.shapingyouth.org

Emily Roberts www.theguidancegirl.com

Rosalind Wiseman www.culturesofdignity.com

Sarah Newton www.sarahnewton.com

Rachel Simmons www.rachelsimmons.com

MASK www.maskmatters.org





nutrition

Pregnancy Kitchen www.pregnancykitchen.org

Real Mom Nutrition www.realmomnutrition.com

Tosca Reno www.toscarenos.com

Simone Emery www.playwithfood.com.au

Jan Katzen www.nutritionforlearning.com

Lisa Leake www.100daysofrealfood.com

Christy Wilson www.christywilsonnutrition.com

Amie Valpone www.thehealthyapple.com

EA Stewart www.eastewart.com

Aviva Goldfarb www.thescramble.com

Neurogistics www.neurogistics.com

Jill Castle www.jillcastle.com

Kids Eat Right www.eatright.org

Feeding Bytes www.feedingbytes.com

Dawn Winkleman www.spectrumspeech.com

Nutrition From Stork to Fork www.sarahremmer.com

Happy Family Organics

www.happyfamilybrands.com

Sensational Kids www.sensationalkids.com.au/feeding-therapy-for-children

parenting

Dina Kulik www.drdina.ca

Robyn Silverman www.drrobbynsilverman.com

Ann Corwin www.theparentingdoctor.com

Sue Atkins www.sueatkinsparentingcoach.com

Laura Markham www.ahaparenting.com

Megan Garcia www.deeanddoo.com

Wendy Young www.kidlutions.com

Natasha Daniels www.anxioustoddlers.com

Tina Payne-Bryson www.tinabryson.com

Marilyn Price-Mitchell www.rootsofaction.com

Rick Ackerly www.geniusinchildren.org

Marlaine Cover www.parenting2pt0.org

Amy Miller McCready

www.positiveparentingsolutions.com





social-emotional

Collaborative for Academic, Social, and

Emotional Learning (CASEL) www.casel.org

Responsive Classroom www.responsiveclassroom.org

Michelle Garcia-Winner www.socialthinking.com

Kimochis www.kimochis.com

Wendy Young, LCSW www.kidlutions.com

Elaine Tan Comeau www.easydaysies.com

Beth Onufrak, PhD www.drbethkids.com

Michele Borba EdD www.micheleborba.com

Stuart Ablon www.thinkkids.org

Liana Lowenstein, MSW, RSW, CPT-S

www.lianalowenstein.com

Lori Lite www.stressfreekids.com

Dan Siegel, MD www.drdansiegel.com

Robert Brooks, MD www.drrobertbrooks.com

Maria Freeman www.littlejots.com

All4MyChild www.all4mychild.com

Leah Kuypers www.zonesofregulation.com

Marneta Viegas www.relaxkids.com

Naomi Richards www.thekidscoach.org.uk

Kiboomu www.thekiboomers.com