

Emily is a 25 year old female who has been admitted to a residential treatment center in Southern California.

She is currently a graduate student at a major university in New York.

She has a history of anorexia nervosa and reports that she began dieting when she was in middle school. She became even more obsessed with her weight in high school and that is when she began purging along with restricting. She also has been abusing her Adderall and may have a stimulant use disorder. She is taking more than prescribed, running out early and her doctor at the school is refusing to prescribe for her. Patient reports she works out regularly and on further questioning, reports she is running 1 hour per day seven days a week.

Her history is that her parents divorced when she was 5 years old. Her mother has had an Alcohol use disorder for patient's whole life. She recalls as a child getting up at night with a nightmare but being unable to wake her mother up as she was passed out on the couch. She also remembers as she got older, cleaning up after her mom when she would throw up from drinking too much. Mother continues to drink.

When patient was 8 years old, her mother remarried and shortly thereafter, her stepfather began to sexually abuse her which continued until she was twelve years old when she finally got up the courage to tell her mother what was happening. Her mother responded by telling her she was lying and took the step dad's side. Mother continues to deny that this happened.

Patient moved in with her father at the age of 13. He is remarried and his new wife seems "ok" She did not confide in him about the abuse.

He has encouraged her to go to school and been emotionally supportive but patient finds it hard to reach out for support.

She is 5'5' tall and weighs 115 lbs. Her lowest weight was 105 lbs. Patient is extremely worried about gaining weight and "getting too big." She does not feel she has a problem, only that her "metabolism is high" and that's why she is thin. She says she would feel very uncomfortable if she was to weigh over her current weight and reports that when she gains weight she gets abdominal bloating and "I look like i'm pregnant."

Pt is an "A" student in her grad program. She denies abuse of Adderall - says she needs it to be able to study and keep her grades up. She reports that she feels she has to "do school right" because she knows she can only depend on herself to get through life.