

YouTube Links to Worries and Woes Video Clips

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Lesson	Subject	Link
2	Snake Phobia	https://www.youtube.com/watch?v=zKTpecoieic
2	Easy Separations	https://www.youtube.com/watch?v=r_5eiYIo1XM
3	Howie Mandel	https://www.youtube.com/watch?v=cnVZCnotBi4&t=13s
3	Rap OCD song	https://www.youtube.com/watch?v=tnzz-eFmKaw
3	UCLA OCD	https://www.youtube.com/watch?v=G5dILL3FFzg&t=6s
3	Kids' Movie: Unstuck	https://www.youtube.com/watch?v=AAumaH3HPyc&t=9s
4	Teen Mental Health	http://www.youtube.com/watch?v=kitHQUWrA7s&list=UUEGJXgizngaiaEyl1uuOUtA&index=20
4	Brave Buddies	https://www.youtube.com/watch?v=i7EAsMNZ6uA&t=7s
4	AnxBC Social Anxiety	https://www.youtube.com/watch?v=ypHzXOcUQwE
4	Panic Disorder	https://www.youtube.com/watch?v=R3S_XYaEPUs
5	PTSD	https://www.youtube.com/watch?v=vDKSReJm2-U