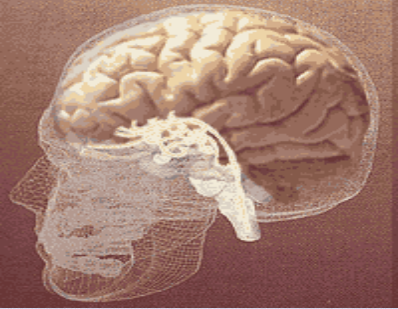


**Addiction and
Indigenous
People**
reclaimingyouthsrisk.org
martinbrokenleg.com

Compulsions
Using something on the outside to tend the inside.

- substances and chemicals
- behavior and activities

Addictions
The continued need to use
a deadly substance or
a self-injuring behavior
to escape
problematic memories, feelings, persons, or situations.



Addictions
The dopamine pathway

CAUSES

CAUSES

- GENETICS

CAUSES

- GENETICS
 - Metabolism issues
 - Significant in all addictions
 - What about mixed ancestry?

CAUSES

- PSYCHOLOGY

CAUSES

- PSYCHOLOGY
 - Abuse
 - “Disease Model”
 - Rat Park Study, Bruce Alexander

Causes

CULTURAL

- Social rules in 14,000 years
- Chemicals in North America
- Rapid Cultural Change

CAUSES

- SPIRITUAL
 - Guidance and Meaning
- Cohesion and Culture
- Healing woundedness

RATES

- General Social Rates – 70%

RATES

- General Social Rates – 70%
- Head Count Study – 10%

RATES

- General Social Rates – 70%
- Head Count Study – 10%
- Medical School Reports – 10% Plus

RATES

- General Social Rates – 70%
- Head Count Study – 10%
- Medical School Reports – 10% Plus
- My Estimate and Verification – 35%

INDIGENOUS PATTERNS

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- Use in groups

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- Use in groups
- Rare daily use

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- Significantly greater intoxication

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INDIGENOUS PATTERNS

- Use in groups
- Rare daily use
- Significantly greater intoxication
- Use all in possession
- When clean, minimal to no dependency
- Leads to major complications

Mary Jo's Gift

“When Indigenous people don't use,
they are completely free.”

A set of maladaptive compulsive behaviors learned by
family members in order to survive in a family which is
experiencing great emotional pain and stress.

Effect on Aboriginal Families

Wholeness