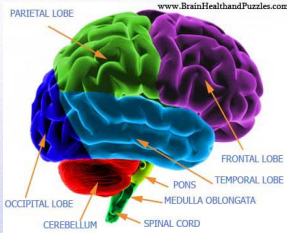
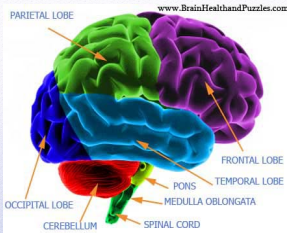


THE PROGRESSION OF EMOTIONS

reclaimingyouthatrisk.org
martinbrokenleg.com

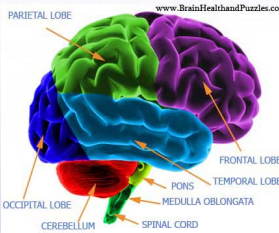


The Brain



1. TOP OF BRAIN
thinking and reason

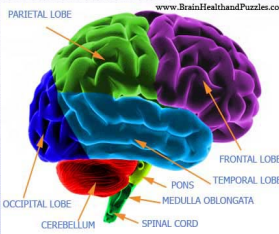
The Brain



www.BrainHealthandPuzzles.com

1. TOP OF BRAIN
thinking and reason
2. MID-BRAIN
feelings, motivation

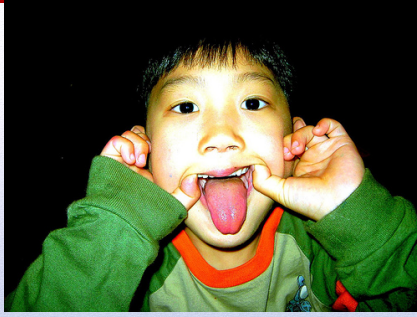
The Brain



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1. TOP OF BRAIN
thinking and reason
2. MID-BRAIN
feelings, motivation
3. BRAIN STEM
basic body functions

The Brain



EMOTIONS

E-MOTION: energy for action

EMOTIONS

E-MOTION: energy for action
- body activity

EMOTIONS

E-MOTION: energy for action
- body activity
- act on drives and motivations

EMOTIONS

E-MOTION: energy for action
- body activity
- act on drives and motivations
- make inner changes

EMOTIONS

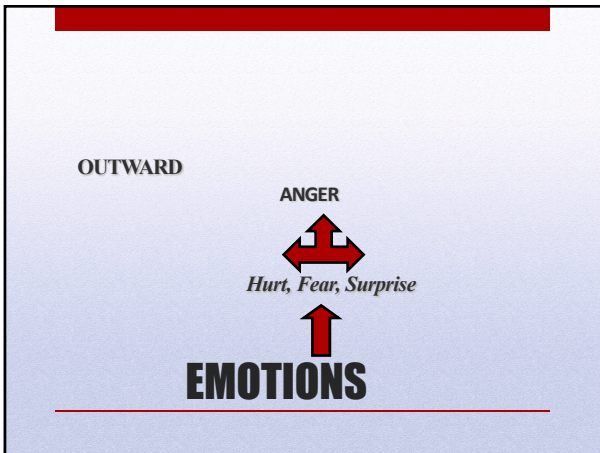
E-MOTION: energy for action
- body activity
- act on drives and motivations
- make inner changes
- decide on importance of something-

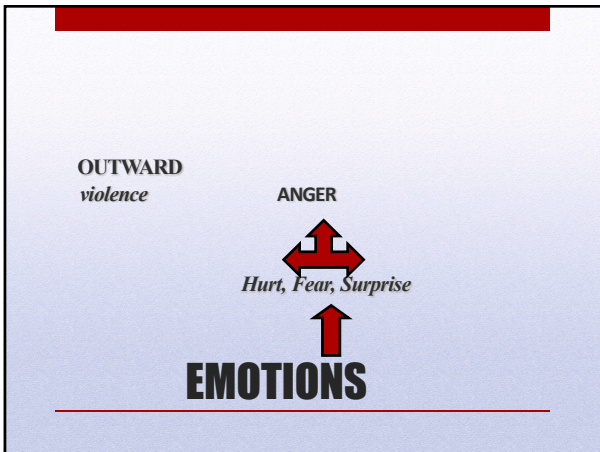
EMOTIONS

ANGER

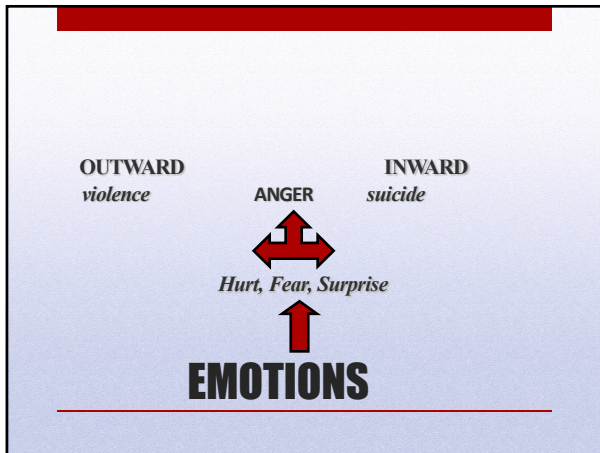
EMOTIONS

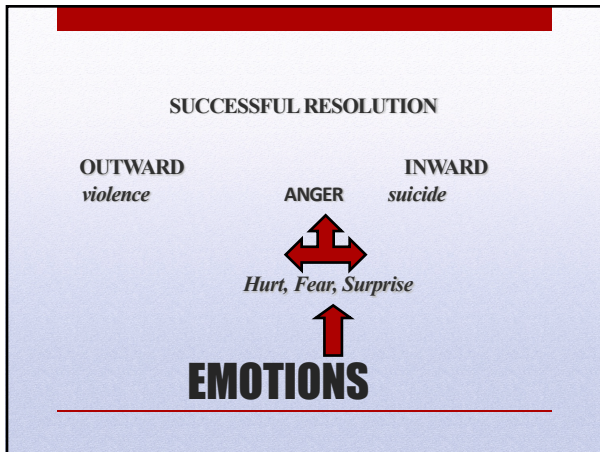














EMOTIONS
